



Individual Rights Overview

Individuals with Intellectual or Developmental Disabilities have rights when receiving services. This guide provides a summary of those rights.

If you have any questions about your rights, please contact us at 844-504-8400

<p style="text-align: center;">Safety</p> <p>You have the right:</p> <ul style="list-style-type: none"> • To live in a safe, clean environment • To be free from physical and psychological abuse • To be free from being taken advantage of 	<p style="text-align: center;">Confidentiality</p> <p>You have the right to confidentiality regarding:</p> <ul style="list-style-type: none"> • Information and accessing your own records • HIV related information • Privacy within a residential setting
<p style="text-align: center;">Communication</p> <p>You have the right:</p> <ul style="list-style-type: none"> • To advocate for your self • To request and receive visitors • To send and receive communications privately • To express grievances, complaints, and concerns • To access translation services or deaf/hard of hearing support 	<p style="text-align: center;">Assistance</p> <p>You have the right to assistance with:</p> <ul style="list-style-type: none"> • Understanding the services and supports available to you • Accessing medical and dental care • Obtaining individually owned clothing • Obtaining a balanced and nutritious diet • Obtaining personally owned hygiene supplies
<p style="text-align: center;">Financial</p> <p>You have the right to:</p> <ul style="list-style-type: none"> • Understanding and receiving support with your own money • Use of personal money and property • Receipt of information regarding the supplies and services that a provider would provide you 	<p style="text-align: center;">Participation</p> <p>You have the right to:</p> <ul style="list-style-type: none"> • Participate in a person-centered Life Plan that is based on your wants and needs • Engage in meaningful recreational and community services • Vote and receive assistance and training with voting • Make medical decision, including the choice of a health care proxy
<p style="text-align: center;">Freedom</p> <p>You have the right:</p> <ul style="list-style-type: none"> • To be free from unnecessary use of mechanical or chemical restraints • To be free from discrimination regarding HIV status or other diagnoses • To express cultural identity and religion of choice • To choose where you want to live • To choose your friends • To choose your own goals • To object to services or your service plan 	